



The Program:

The students enrolled in the Food and Nutrition Class at Blessed Trinity Catholic Secondary School prepare for university programs in Physical Education, Kinesiology, Nutrition, Nursing, Health Sciences.

Units of Study:

Healthy Eating
Food Preparation Foundation & Skills
Lifespan Nutrition
Exploring Agriculture and Food Production
The Right to Food
ISU: Exploring Societal, Cultural & Family Influences



FAIRTRADE
INTERNATIONAL